



ECH EVERY CHILD'S HOPE  
8240 St. Charles Rock Rd.  
St. Louis, MO 63114

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# HOMENEWS

THE NEWSLETTER OF ECH EVERY CHILD'S HOPE [FALL NEWSLETTER] 2012



At ECH Every Child's Hope, we give each child who walks through our doors a chance for a new beginning and new hope. We believe our partnership with the community is essential to providing this hope. We hear the quiet pleas for help from the struggling and the hopeless, from the abused, neglected, and abandoned. Together, we extend a caring hand offering safety, stability, and strength. We see our children, youth, and families reach, with tremendous effort, for new hope and brighter futures. At ECH Every Child's Hope we believe that the community is the cornerstone of strength helping us to provide quality, faithful, and meaningful services.



## IMAGINE!

The 25th annual "Extend a Caring Hand" Dinner and Auction was a huge success this year, grossing more than \$70,000 for ECH.



## SAVE THE DATE...

for the 26th annual "Extend a Caring Hand" Dinner and Auction on Friday, April 5, 2013. Join us in helping those we serve heal, learn, and grow.

Visit [www.everychildshope.org](http://www.everychildshope.org) for more info.

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FALL [NEWSLETTER] 2012





## EAGLE SCOUT PROJECT TRANSFORMS BIRTHDAY ROOM

Kevin Williamson, a member of the Greater St. Louis Area Council Boy Scouts of America, Troop 314 in Webster Grove, spent most of the month of June transforming the Birthday Room at ECH Every Child's Hope. What was once a crowded space in the basement of the ECH Treatment Center, the Birthday Room is now neatly organized into two accessible rooms for kids and staff to enjoy.

The Birthday Room has always been a favorite spot for children to come and select a special gift on their Birthday. Prior to Kevin's Eagle project, the donated gifts for the room were thrown together and stored in a large, unattractive storage room with many other items.

Kevin thoughtfully saw the space, developed a plan, submitted it for review and then went to work. He built shelves along the walls of the storage room and organized items by age, gender and type. He then designed a second un-used adjoining room as a place for the kids to "shop" for their gift. A fresh coat of sunny yellow paint, colorful window treatments and new shelves and racks transformed the former bland room to display the most sought after items for the children to come and "shop" for on their Birthday.

## A DONATION OF HOPE AND SMILES

Early this summer, the dental care team at Ballwin Dental Care donated more than \$13,000 in dental services to 15 youth at ECH Every Child's Hope. For many of the youth, this was their first time in the dentist's chair. Anxious but excited these youth received comprehensive dental treatments which included dental exams, cleanings, x-rays, other dental procedures, and a healthy lunch.

For one young man in the St. Louis Steppingstone program, the trip to Ballwin resulted in a wider smile and brighter outlook for his future. 17-year-old David had never been to the dentist before, but instead of nerves and fear, David showed excitement, hoping his time in the dentist's chair would repair his broken front tooth. He wanted to be able to smile again and to look professional at job interviews. He was looking for confidence. When it came time for his appointment, he was not disappointed. The staff at Ballwin Dental Care performed a root canal and repaired the tooth, and David left the dental office with new hope for his future, smiling wide and knowing he would be able to find a job.

Ballwin Dental Care participates in Dentistry from the Heart, a national non-profit dedicated to providing free dental care to those in need. Each year, dental offices that participate in Dentistry from the Heart open their doors to the public to receive free cleanings. This year, Ballwin Dental Care wanted a more direct approach, so they decided to donate the day to serving the youth in the programs at ECH. The goal was to give complete dental service to a smaller, more concentrated group. Here at ECH, we're glad that Ballwin Dental Care selected our kids for this act of kindness.

### WHAT BALLWIN DENTAL CARE DONATED:

- 15 Exams & Cleanings
- 15 X-rays & Panoramic X-rays
- 13 Fluoride treatments
- 1 Root Canal
- 34 Sealants
- 27 Fillings
- 2 extractions

To find out how you can help our kids, call the Development office at (314) 427-3755.



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St. Louis (314) 427-3755 [www.everychildshope.org](http://www.everychildshope.org)  
8240 St. Charles Rock Road, St. Louis, MO 63114  
Kansas City (816) 356-0187 [www.steppingstonekc.org](http://www.steppingstonekc.org)  
5100 Noland Road, Kansas City, MO 64133

ECH Every Child's Hope is a private not-for-profit childcare agency, voluntarily affiliated with the Council for Health and Human Services Ministries related to the United Church of Christ. ECH Every Child's Hope adheres to Federal and State laws which prohibit discrimination in the delivery of services on the basis of race, color, national origin, age, sex, handicap/disability or religious belief.

Certified by: The Council on Accreditation  
Member of: Missouri Coalition of Children's Agencies, Child Welfare League of America (MCCA)  
Approved by: Charities Committee, Chamber of Commerce of Metropolitan, St. Louis, MO Better Business Bureau  
Founding Member of: The Missouri Alliance for Children and Families

ECH EVERY CHILD'S HOPE IS NOT A UNITED WAY AGENCY.

Follow us on:



Changes happen every day. At ECH, we experience change constantly, kids coming and going...changes in state support and placement of kids.



Due to the needs of the children in our care, ECH has had to make some recent changes. We had to convert our Open Units to Safe Intensive Units. Now, instead of having two Safe Intensive Units on campus, we will have four.

This change was necessary for many reasons. One, the children that are coming into care today need more help, restrictions and therapy than our Open Units provided. Therefore, we needed to expand our level of care to help

these young people. Secondly, the reimbursement rate for children in our Open Units did not cover the cost of serving these children and enrollment was down, creating a large deficit.

The good news is the children in our Open Units have been able to transition into our Group Homes or into foster care, paving the way for more children with greater needs.

While change is sometimes unsettling I am pleased and excited that we are going to be able to continue to provide high quality residential treatment to children and youth that require our support and expertise. I firmly believe that this is the right decision strategically, financially and ethically for the long term well being of the children in our care and our employees. Finally, this transition will not result in the loss of any ECH jobs.

*Michael P. Brennan*

Michael Brennan, MSW, L.C.S.W.

EXECUTIVE DIRECTOR Michael Brennan

# STATE OF MISSOURI INCOME TAX CREDITS AVAILABLE!

Every Child's Hope has been awarded a grant from the Missouri Department of Economic Development enabling us to offer state tax credits to eligible donors under two different programs:

**YOP:** Anyone with a Missouri Tax liability making a donation of \$500 or more. Gifts of Cash and Stock are eligible. This is a new grant that we were thrilled to get. Plenty of YOP credits are currently available.

**NAP:** Any donor with a Missouri Tax Liability related to a business income. This includes LLCs, rental property, etc. Gifts of cash or stock of \$500 or more qualify for NAP. NAP credits are limited, so act soon!

**How much is the tax credit worth?** The tax credit is worth 50% of your YOP or NAP donation. For example, a donation of \$500 would equal a \$250 tax credit. Plus your regular federal and state tax deductions apply for the entire \$500 donation. Credits can be carried over five years.

**How do I apply?** Just designate your donation of \$500 or more when you mail it in as a YOP or NAP contribution.

**Questions?** Contact Sharon Fenoglio at 314-427-3755 or [sfenoglio@echmail.org](mailto:sfenoglio@echmail.org)

# APPRECIATED STOCKS WIN-WIN TO HELP KIDS!

**Gifts of Securities** The best stocks to donate are those that have increased in value, particularly those producing a low yield. In order to optimize tax savings, it is critical that you transfer securities directly to ECH Every Child's Hope, rather than liquidate them and donate the proceeds.

**Wire Transfer Instructions** Should you decide to transfer stock to ECH Every Child's Hope, following are wire instructions to the ECH gift processing account at Charles Schwab for your financial institution:

Account Name: ECH  
For Credit to Account #: 2222-2241  
DTC Clearing: 0164, Code 40  
ECH Tax ID: 43-0654856

Please notify Sharon Fenoglio when to expect your gift to arrive at 314-427-3755 or [sfenoglio@echmail.org](mailto:sfenoglio@echmail.org)

# MAKE A GIFT AND RECEIVE INCOME

**Charitable Gift Annuity** A charitable gift annuity is the most common life income plan. It may be funded with cash or publicly traded securities of \$5,000 or more. In addition to your initial tax deduction, you and/or your spouse or designee receive lifetime fixed payments – a portion of which is tax-free. Your payment rate is based on the age or ages (if a second recipient is named) of the payment recipient(s) at the time the gift is made. When the gift annuity ends, the remaining assets are placed in the Reserve Fund at ECH Every Child's Hope for perpetuity.

**Benefits of a charitable gift annuity:**

- Lifetime fixed payments (a portion of which may be tax free) for you and/or your designee
- Charitable income tax deduction for a portion of your gift
- Reduction of capital gain tax if funded with appreciated securities
- Estate tax benefits
- Gift to ECH Every Child's Hope

## SAMPLE RATES BASED ON A SINGLE LIFE \$10,000 CHARITABLE GIFT ANNUITY

Age of Annuitant	65	70	75	80	85	90
Annuity Rate	4.7%	5.1%	5.8%	6.8	7.8%	9.0%
Annual Payment	\$470	\$510	\$580	\$680	\$780	\$900
Charitable Deduction	\$2,661.10	\$3,469.00	\$4,101.60	\$4,669.30	\$5,418.90	\$6,135.60

Rates subject to change and set by the American Council on Gift Annuities. For a personalized example, please contact Sharon Fenoglio at 314-427-3755 or [sfenogio@echmail.org](mailto:sfenogio@echmail.org)

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**Rev. Karen Aitkens' Ministry**  
Mr. and Mrs. Don Eversmeyer

**Nancy Akred**  
Mr. and Mrs. Wayne Pennington

**Elmer Allemann's Birthday**  
Mr. and Mrs. Gregory L. Allemann

**Dr. Robert A. Baur**  
Mr. Steve Baur  
Mr. Harry Harrell

**Dr. Robert A. Baur's 75th Birthday**  
Mr. and Mrs. E. Domenic Fenoglio

**Boemer Family**  
Ms. Cheryl Boemer

**Bob and Teddy Branom**  
Mr. Harry Harrell

**Mr. Michael Brennan**  
Mr. and Mrs. Lee Manna

**Denice Brown**  
Ms. Cheryl Levan

**Mr. and Mrs. Darren Butterfield**  
Dr. and Mrs. Stephen Zaat

**Sarah E. Deweese**  
Ms. Janice Mueller

**Roy R. Dressel**  
Mr. and Mrs. T. Dwaine Sell

**ECH Staff**  
Mrs. Betty J. Tope

**Mr. and Mrs. Norman Engelage's 60th Wedding Anniversary**  
Mrs. Esther Schiermeier

**Robert and Pamela Fagyal's Wedding Anniversary**  
Viki and Eugenia Fagyal

**Sharon Fenoglio**  
Dr. and Mrs. Bernard B. Davis  
Mr. Gerald L. Jolly  
Mr. Todd Oberman and Ms. Laura Davis

**Fenoglio Family**  
Mrs. Lois Templeton

**Anthony M. Fields**  
Anonymous

**Fitzgerald Family**  
Miss Carole Thompson

**Don and Darlene Freber**  
Moneta Group, Inc.

**Mr. and Mrs. Ralph Gladden**  
Mr. and Mrs. Douglas A. Gladden  
Mr. and Mrs. William R. Gladden

**Linda Goodiel**  
Mrs. Grace H. Capstick

**Paul and Jean Greenlaw**  
Mr. James B. Greenlaw

**Harry Harrell's Retirement**  
Dr. and Mrs. Robert A. Baur  
Mr. and Mrs. Robert Branom  
Mr. and Mrs. E. Domenic Fenoglio  
Mrs. Kermin Thies

**Casper and Jan Heichelbeck's 50th Wedding Anniversary**  
Ms. Tamie L. Heichelbeck

**Rev. Thomas S. Higgins**  
Mr. and Mrs. Edward Graves

**Irene Hill's 87th Birthday**  
Rev. and Mrs. Gordon Epps

**Debbie Kelly**  
Mrs. Susan Schindel

**Cheryl, Matt and Tim Kettman**  
Sorrento Springs PTO, Manchester, MO

**Kirstin, Nick, Ben and Taylor**  
Mr. and Mrs. Robert Sandstedt

**Mr. and Mrs. John W. Knoke**  
Mr. and Mrs. Robert A. Knoke

**Mr. and Mrs. Robert A. Knoke**  
Mr. and Mrs. Robert C. Knoke

**Mr. and Mrs. Robert C. Knoke**  
Mr. and Mrs. Robert A. Knoke

**Clifford Lane**  
Dr. Joseph T. Lane

**Rev. Sharon Maddox**  
Mrs. Judith L. Dennert

**Mr. and Mrs. Frank L. May**  
Mrs. Joan Althaus

**Rev. Polly J. McWilliams**  
Mrs. Cheryl Howard

**Mr. and Mrs. Dennis B. Mertz**  
Mr. Harry Harrell

**JP Mignerone, Jr.**  
Mr. and Mrs. Wilbert A. Meyer

**Rev. Laura Mignerone's Ordination in UCC**  
Mr. and Mrs. Wilbert A. Meyer

**Mr. and Mrs. Merrick Mohler**  
Mr. and Mrs. Nill G. Mohler

**Mr. and Mrs. Nill G. Mohler**  
Mr. and Mrs. Merrick Mohler

**Norman and Norma Muck's Birthdays**  
Mrs. Juanita Muck

**Louis E. Nollau**  
Mr. Mike Sachs

**Wayne and Karen Pennington**  
Ms. Nancy Akred

**Conrad Philipp's 80th birthday**  
Mrs. Kermin Thies

**Ruby Poindexter**  
Dr. and Mrs. Robert A. Baur  
Mr. and Mrs. Milton Reinert  
Mr. and Mrs. Owen E. Reinert

Owen and Aline Reinert  
Mr. and Mrs. Milton Reinert

**Mr. and Mrs. Robert Sandstedt's Anniversary**  
Mr. and Mrs. Joseph R. Beckerle

**Eleanor Schmitt's Birthday**  
Mr. and Mrs. Wilbert Karcher

**Carl and Joanne Schneider**  
Mr. and Mrs. Brad Beck

**Gloria Schwenck**  
Ms. Stacey Plate

**Virginia Serb**  
Mr. and Mrs. H. Richard Hantak

**Shari L. Smith**  
Dr. and Mrs. Robert Scheible

**Southwood UCC**  
Mrs. Betty J. White

**Rev. Shane Spangler and dedicated members of Bethany UCC**  
Mr. and Mrs. Kenneth Spencer

**Staff at Parkway UCC**  
Mrs. Cindy Boddy

**Della Steelman**  
Miss Rowena Helmer

**The Early Childhood Special Education Staff Of Kirkwood EC Center**  
Mrs. Kathy Ury

**George Thomas' 100th Birthday**  
Mr. and Mrs. Merrick Mohler

**Erin Very**  
Mr. and Mrs. Andrew Marks

**Ed Viehmann Family**  
Mr. and Mrs. John S. Shales

**Edward Viehmann's Birthday**  
Mr. and Mrs. James Milam

**Edward and Janet Viehmann's Wedding Anniversary**  
Mr. and Mrs. James Milam

**Betty Wahl**  
Ms. Madaleaze Cramer

**Alan Wedemeyer, Sr.**  
Mr. Alan Wedemeyer

**Sam Williams' 21st Birthday**  
Mr. and Mrs. Edward Williams

**Paul and Louise Wobus**  
Mrs. Kathy Saylor

**United Church of the Good Shepherd**  
Women's Fellowship, Kansas City, KS  
Good Shepherd UCC Saturday  
Women's Ministry, Kansas City, KS

**Jean Wootten's 100th Birthday**  
Mrs. Jean Vortmeier

**Zion UCC Children and Teens, Troy, MO**  
Zion UCC Sunday School



## Corporation Foundation Giving

### CASH

Aetna Foundation, Inc.  
Allen Foods, Inc.  
Alliant Techsystems, Inc.  
Alro Heating & Cooling  
American Legion Auxiliary Tenth District  
Ameristar Casino Resort Spa  
Auto Club Enterprises  
Bank of America  
Bank of America Charitable Foundation, Inc.  
Bank of America Merrill Lynch / Bank of America, N.A.  
Bank of Bloomsdale  
Bartoskewitz Farm Foundation  
Beautiful Rooms, LLC  
Brown Shoe Company, Inc.  
Cardinals Care  
Collier's Funeral Home  
Component Bar Products, Inc.  
Copying Concepts  
Dollar General Literacy Foundation  
Drury Inns, Inc.  
DST Systems, Inc.  
Emerson Tool Company  
Employees Community Fund of Boeing  
St. Louis  
Federal-Mogul  
Fischer-Bauer-Knirps Foundation  
Fleet Reserve Association  
Frank A. and Alpha H. Ruf Fund for Evangelical Children's Home  
Fredman Bros. Furniture Co., Inc.  
Fredricksburg Cemetery Association  
Galaxy Maintenance, Inc.  
Gluttons Club  
Hauck Charitable Foundation  
Hautly Cheese Company, Inc.  
HealthLink, Inc.  
Heidman Steel Products Inc.  
Herman T. & Phenie R. Pott Foundation  
Hinnah Farms  
Houdinis Bar  
International Brotherhood Electrical Workers  
J.U.G.S., Inc.  
John S. Swift Company, Inc.  
Kappa Phi Sorority  
Kerber, Eck & Braeckel LLP  
Kimaterials, Inc.  
Ladies Aid, ECH  
Len's Auto Repair, Inc.  
Liberty Mutual  
Limited Leasing Company  
Lockridge Cleaning Co.  
Loyal Evangelical Church Women's Fellowship  
Millsap & Singer, LLC  
Missouri Arts Council  
Missouri Housing Development Commission  
Missouri State Employees Charitable Campaign  
Molitor & Biller CPA'S  
Moneta Group, Inc.  
Monsanto Matching Gift Center  
Mutual of America

N.A. Buffen Co., Inc.  
Peters Painting  
Power Up Electrical Contractors LLC  
Pulaski Bank  
Pyrene Fire Protection Co. Inc  
Raytown Post Office  
ricAnello creative consortium, lc  
Roman, Butler, Fullerton & Co.  
Schroeder & Associates, PC  
Schwartz & Associates Creative  
Security Traders Association of St. Louis  
Shaughnessy Kniep/Hawe  
St. Louis Christmas Carols Association  
St. Matthew Cemetery  
St. Peter's Cemetery  
Stifel, Nicolaus & Company Inc.  
STL Tower Maps/Orphans Fund  
Strategic Technology Group  
Sunnen Foundation  
Sutter Plumbing Company, Inc.  
TelecomPioneers  
The Deaconess Foundation  
The Dean Team of Ballwin  
The Henkel Company  
Travis & Nolen Oral & MaxilloFacial Surgery PC  
Vinson Mortgage Group  
Wal-Mart Foundation  
Wamhoff Financial Planning & Accounting  
Wholesale Telecom Inc.  
Winkelmann Sons Drug Company

### INKIND

All About Love & Care  
Allen Foods, Inc.  
American Girl  
American Image Salon & Spa  
American Legion 10th District  
American Legion Auxiliary Tenth District  
American Legion Thoman Boothe Post 338  
Ameristar Casino Resort Spa  
Are We There Yet?, LLC  
AT&T Pioneers  
Bank of America  
Bank of Bloomsdale  
Blanche M. Touhill Performing Arts Center  
Boeing Company  
Branneky and Sons  
Build-A-Bear Workshop, Inc.  
C J Muggs Restaurant  
Callaway Golf Products  
Cannoli's  
Canvas On Demand  
Charter Business  
Community State Bank - Bowling Green & Troy MO  
Copying Concepts  
Craft Restaurants  
Crane Capital Group  
Creve Coeur Camera & Video  
Dick's Sporting Goods  
Drury Inns, Inc.  
Emerson  
Experience on Demand  
Extra Virgin - an Olive Ovation  
Federal-Mogul  
Fleet Reserve Association  
Fortel's Pizza Den  
Funny Bone Comedy Club  
Girl Scout Troop 1120  
Girl Scout Troop 1785  
Girls Scout Troops 4150 & 378  
Gluttons Club  
Greater St. Louis Knitters' Guild  
Hodak's Restaurant and Bar  
Indigo Massage & Wellness  
Infinity Laser Hair Removal  
J.U.G.S., Inc.  
Kansas City Royals  
Kappa Phi Sorority  
Kennelwood Pet Resorts  
Kimaterials, Inc.  
Kurt Warner First Things First Foundation  
Ladies Aid, ECH  
Lafayette Area Optimist Club  
Lockridge Cleaning Co.  
Magic House  
Monsanto Matching Gift Center  
Morgenthaler's  
N.A. Buffen Co., Inc.  
Panera Bread, LLC  
Parkview Gardens  
Pasta House Company  
Pi Pizzeria  
PRP Wine International, Inc.  
Raging Rivers WaterPark  
Raytown Post Office  
Renaissance Plastic Surgery  
Saint Louis Symphony Orchestra  
Saks Fifth Avenue Salon and Spa  
Schlafly Beer  
Schroeder & Associates, PC  
Silver Dollar City  
Six Flags St. Louis  
South County Senior Law & Estate Planning Center  
Southwest Airlines  
St. Louis Blues  
St. Louis Cardinals  
St. Louis Christmas Carols Association  
St. Louis Rams - Community Outreach/Donations  
Stan the Man, Inc.  
Steak 'n Shake  
Stifel, Nicolaus & Company Inc.  
Sweet Traditions  
The Corner George Inn Bed & Breakfast  
The Hairy Elephant  
The Melting Pot Restaurant  
The Pageant in the Loop  
The Saint Louis Zoo  
Thies Farm and Greenhouses  
Valvoline Instant Oil Change  
Viviano's Market  
Wamhoff Financial Planning & Accounting  
West Community Credit Union  
Winkelmann Sons Drug Company  
Woodard Cleaning & Restoration Services

## Foundation Spotlight

### DOLLAR GENERAL LITERACY FOUNDATION SUPPORTS THE ECH SCHOOL

The Dollar General Literacy Foundation has generously contributed \$1,500 to the ECH School's Read 180 program. This funding from the Dollar General Literacy Foundation will expand the school's. Current Read 180 program to include the Read 180 REAL JOBS library.

The ECH School pairs education and therapy interventions to help each student attain emotional well-being and academic success. The students in the school struggle with academic and behavioral issues that prevent success in traditional classrooms and put them at risk of dropping out of high school. For many, the ECH School is their last chance for success.

Read 180 program improves reading achievement of struggling readers. Each student receives individualized instruction and is able to improve at his or her own speed, which eliminates the feeling of falling behind the class. As students increase in skill, they read increasingly more difficult text until they read at the appropriate grade level and are able to understand what they read.

The Read 180 REAL JOBS library from Scholastic will help students at the ECH School improve their reading while helping them plan for the future by readying them for college and careers. The library includes 90 books that discuss 21 jobs, give a behind the scenes look at different occupations and profile successful people with interesting jobs. These resources will help our students learn to be successful while increasing their reading skills.

The Dollar General Literacy Foundation's Youth Literacy grants are awarded to assist with implementing new or expanding existing youth literacy programs. In August, the Dollar General Literacy Foundation awarded grants totaling



more than \$2 million to 564 non-profit organizations, community groups, schools and libraries throughout the United States. It is estimated that approximately 315,000 youth will be served as a result of these grants.

We extend our sincere gratitude to the Dollar General Foundation for helping our students at the ECH School improve their reading and giving them hope for the future.

If you know of a foundation or company that offers grants, contact Matthew Barker in the Development Office at (314) 427-3755.



## VOLUNTEER SPOTLIGHT: KERMINE THIES

For more than 25 years, Kermine Thies has volunteered at ECH, and during that time she has had a profound impact on the agency and our children and youth.

Kermine was first introduced to ECH by a friend from church that extended an invitation to an ECH Ladies Aid meeting, an invitation she kindly accepted. Since that very first meeting, Kermine has never looked back, becoming an active volunteer at events, on planning committees, and serving our youth. In 1987, Kermine helped plan ECH's inaugural dinner and auction gala, and she has served on the dinner committee ever since, helping plan each year's Gala. Next April, we will host our 26th "Extend a Caring Hand" Dinner and Auction, and we are glad to see Kermine return again this year. When asked which gala was her favorite, she promptly replied the 2006 Grand Slam Gala; she's an avid Cardinals Fan.



25-years of service and look forward to the many years to come.

**For volunteer opportunities, contact the Development Office at (314) 427-3755.**

Every September, you'll find Kermine on the course at our Annual Golf Classic. Whether she's passing out snacks and beverages or witnessing a hole-in-one as a hole watcher, she quickly volunteers to do anything and everything she can to make the event a success.

We are fortunate to have volunteers like Kermine give so much for so many years, and are grateful for Kermine's more than

# WISH LISTS

### Gift Certificates

- Clothing Stores
- Grocery Stores
- Restaurants
- Online Retailers

### For Kids in Care

- Clothing for all ages
- Coats and Jackets
- Cosmetics
- Jewelry
- Body Sprays, Cologne
- Hair Accessories
- Lotions
- School Supplies

### Toys & Games

- Balls
- Doll Houses
- Dolls
- Action Figures
- Stuffed Animals
- Board Games
- Card Games
- Puzzles
- Toy Cars
- Art / Craft Supplies

### Electronics

- Video Games
- CD Players
- MP3 Players
- Flash Drives
- Music and Movies
- Alarm Clock
- Desk Lamps
- Surge Protectors

### Electronics (cont.)

- Assorted Batteries
- Video game systems (Playstation, Xbox, Wii)

### Household Items

- Blankets
- Pillows
- Mattresses
- Cleaning Supplies
- Hangers
- Laundry Bags
- Rugs
- Sheets (full or extra-long twin)
- Silverware
- Glasses
- Dishes
- Cooking Utensils
- Bath Linens
- Plastic Storage Bins
- Furniture

### Baby Items

- Diapers and Wipes
- Baby Clothes
- Child Safety items (i.e. Outlet covers)
- Baby Toys
- Bottles

**Please send your donation to the Development Office. For more details, contact us at (314) 427-3755 or visit us at [www.everychildshope.org](http://www.everychildshope.org).**

## EATING HEALTHY

Mind, Body and Spirit...that is what staff work on with all the young people at ECH. With that in mind, this summer staff decided to start talking to the kids about healthy eating.

In one of the boys houses, the kids love watching cooking shows. As the kids watch these shows, they are introduced to different cuisines and cultures. Noticing this, our staff decided to build upon this interest and teach the boys all about foods by bringing in different vegetables, fruits, nuts and spices.

Today, the boys are learning to cook using different combinations of foods and spices. "What they really enjoy is having a say so in what they eat and trying new foods even if they don't like the taste or texture," explains Randy Schneider, Supervisor for House 6. "It helps give the boys something to work toward too. I have incorporated special dining outings for those who have earned it and express an interest."

The boys have been to Whole Foods and eaten at an Indian and Nepalese restaurant. It has also given them dining experiences that many children in care have not received before, including how to use a napkin, silverware, review a menu, order and ask questions based on their food selection.



In one of our girls houses, the girls have begun craving a healthier menu. Ms. Shay, one of the house staff, brings in new things daily for the girls to try and the girls can't wait to see what it will be. Then, the girls take turns picking what they would like to try to make and eat. Everyone then works together making the dish. "Cooking together is very

therapeutic for the girls," explains Ms. Shay. "It helps with social skills and educationally as well. Some of the girls have even taken their cooking skills back home and made healthy meals on family visits."

The girls have also planted a

garden. They took pride in watering the garden and pulling the weeds. They wanted to make such things as fresh salsa and zucchini bread. More important for these girls, however, is they are learning to make healthier choices and are feeling better about themselves.

