# 2023 Annual Report

Hope for Every Child, Healing for Every Family, Every Day.



## **SHARI'S NOTE**

We have much to celebrate this year at ECH! From the opening of our new William N. Dill Center to the addition of talented staff, we are taking our organization into the future with the tools we need to help children and families heal. We are grateful to the donors, friends, staff, and board who believe in our mission and support our work.

- Shari Smith, Board President

# **JULIA'S NOTE**

It has been an honor to lead the ECH team during my first year as CEO. The staff and the board keep youth and families at the center of everything we do, rising to meet their needs through exceptional services. I am excited by what lies ahead for us and thankful to be a part of the ongoing legacy of this organization.



- Julia Adami, MS, LPC, Chief Executive Officer

# **AGENCY HIGHLIGHTS**



Foster Care Case Management team exceeded their goals for permanent home placement of children in our care.



The ECH School improved Wide Range Assessment Test (WRAT) scores across all subjects.

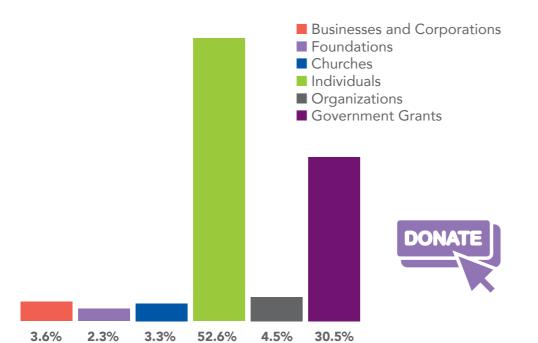


The Life Skills
Hub opened on
our Kansas City
campus to provide
Steppingstone
program
resources.



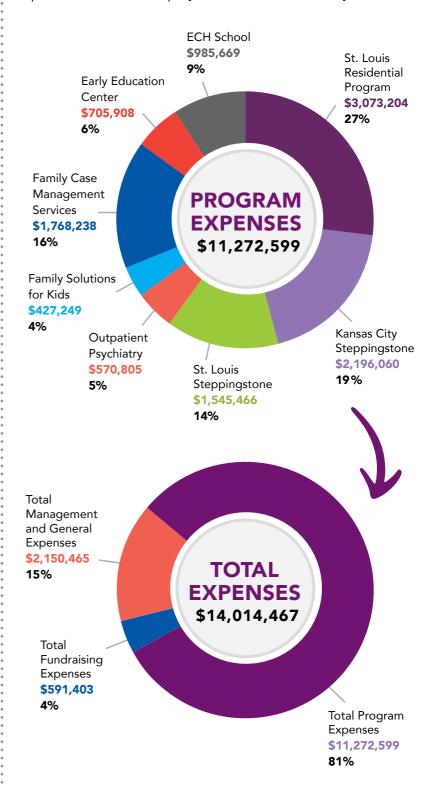
Our Outpatient Psychiatric Services and Family Solutions for Kids programs outperformed their Children's Global Assessment Scale (CGAS) scores that measure mental health treatment progress.

# **DONOR BREAKDOWN**



## **2023 FINANCIAL REPORT**

ECH is committed to using its resources in the most efficient and effective manner to fulfill our mission. We maintain the highest level of accountability to our clients, donors, partners, funders, employees, and the community.







## Residential **Treatment**

ECH's nationally-recognized residential treatment program is licensed to provide intensive, full-time care for young people ages 6-18. Youth receive individual, group, and family counseling as well as case management and psychiatric services. During their stay with us, they find a safe place to address their unique challenges and learn skills that can help them return to family and community life.

The William N. Dill Youth Development Center was under construction throughout 2023 and will replace our existing cottages with a new setting where youth can heal.

Children served	29
Male	29
Female	0
Average age of client	15
Average length of stay	172 days



The Steppingstone program is offered in Kansas City and St. Louis to guide youth ages 16-21 as they navigate the transitional time between childhood and independent adulthood. Services are customized to each participant's needs and can include housing, life skills training, case management, mental health services, and medical coordination. Steppingstone helps young adults gain the knowledge and confidence they need for a successful future.

#### **STEPPINGSTONE ST. LOUIS**

Youth served	43
Male clients	19
emale clients	24
Average age of client	18
Average daily census	386 days

#### STEPPINGSTONE KANSAS CITY

Youth served	69
Male clients	29
Female clients	40
Average age of client	18
Average length of stay	



**Home and Community**based Services

### **Board Officers**

Shari L. Smith, President E. David Viehmann, Vice President Paul G. Flynn, Treasurer Stephen R. Schroeder, Assistant Treasurer Dennis Mertz, Corporate Secretary

#### **Board Members**

Regina Berwin Susan Shelton Jeremy Fettig Lucille Smith William Gamewell Selena Vaughn Gerhard K. Glassl Annie L. Williams Gail Saxton

#### **Board Member Emeritus**

David R. Frensley, Esq.

#### Leadership Staff

Julia Adami, MS, LPC CEO

Angie Sliepen Chief Operating Officer

Pete Guiffrida

Chief Financial Officer Sherry Gerke

**Mission** 

**Statement** 

Partnering with the community to assist children, youth and families in their unique pursuit of health and wholeness through quality, professional, and faithful services.

Chief Development Officer Irene Alberro Chief Administrative Officer



# **Education Services**

The ECH School welcomes students grades K through 12 from throughout the St. Louis area who struggle in a traditional classroom as well as children who are a part of our Residential Treatment program. Grouped in classes of 10 or less, they are able to access individualized learning plans while also receiving mental health supports throughout the day.

#### **ECH SCHOOL**

Youth served	56
Average age	14
Grades served	2nd-12th



ECH's Home and Community-based offices are in St. Louis, Jefferson City, Union, and Dexter to assist families during their most difficult moments. Family Solutions for Kids is an in-home program that helps the whole family learn new ways to address problems and relate to one another. The Foster Care Case Management team works with families by providing them with the tools and support needed for a happy, healthy future. Outpatient Psychiatry offers access to crucial behavioral health services that are in otherwise short supply.

#### **FAMILY SOLUTIONS FOR KIDS**

Cherits served	3/0
Average age	11
Average length of service	
CGAS scores improved	89%
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#### **FAMILY CASE MANAGEMENT – CENTRAL REGION**

Clients served187	,
Average age of clients9	,
Permanent families created34	

#### **FAMILY CASE MANAGEMENT -EASTERN REGION**

Clients served161	
Average age of clients8	;
Permanent families created23	;

#### **FAMILY CASE MANAGEMENT-**SOUTHEAST REGION

Clients served	189
Average age of clients	7
Permanent families created	46

#### **OUTPATIENT PSYCHIATRY**

Clients served	867
Average age of clients	14
Average length of services	438
CGAS scores improved	82%















